



Only Authorized Training Partners (ATPs) are approved, supported, and promoted by PMI to deliver official, PMI-developed instructor-led training courses for PMI certifications.

PMI® Authorized PMP® Exam Prep

Prerequisites

Candidate should meet one of the following PMP Certification eligibility requirements:

- Completion of upper-secondary / secondary school, and a minimum of 60 months / 5 years of non-overlapping experience leading projects in the past 10 years
— OR —
- Completion of a recognized associate's-level, higher-certificate, or advanced technical / vocational program, and a minimum of 48 months / 4 years of non-overlapping experience leading projects in the past 10 years
— OR —
- Bachelor's degree (or higher) from a recognized / authorized institution; or an advanced professional / vocational qualification, and a minimum of 36 months / 3 years of non-overlapping experience leading projects in the past 10 years
— OR —
- Bachelor's or postgraduate degree awarded by a program accredited by PMI's Global Accreditation Center (GAC), and a minimum of 24 months / 2 years of non-overlapping experience leading projects in the past 10 years

Content Focus

Certification/Exam Preparation

About the Program

IIL's 35-hour Certified PMP® preparation program blends hands-on activities and real-world scenarios, transforming conceptual learning into practical expertise. Your learning experience will be wrapped around PMI's three Exam domains: **People, Process, and Business Environment**, as well as the following **Ways of Working: Predictive, Agile, and Hybrid Management**.

Why Choose IIL?

- **Expert Instruction:** IIL's instructional approach is shaped by the legacy of Dr. Harold Kerzner and reinforced by a community of more than 350 highly qualified instructors / facilitators. This collective expertise ensures that each classroom experience is enriched with practical knowledge as well as what you need to pass the PMI Certified PMP® Exam.
- **PMI® Collaboration:** IIL has a 30+ year relationship with PMI and its global community. When you train with IIL, you're learning with an organization that contributes to, and stays aligned with, the standards that shape the profession.
- **Measurable Value:** We take a **total value** approach: training that's designed to reduce rework, accelerate adoption, and improve performance. Many of our clients return year after year because they see a measurable difference in individual capability and in organizational outcomes.

Who Should Attend



This program is designed for professionals across industries and at every project stage. It provides a clear path to becoming a Certified PMP®, including (but not limited to):

- People Leaders: Project Managers, Project Directors, Team Leads, and Department Managers
- Project Practitioners: Associate or Assistant PMs and Project Executives
- Technical Professionals: Project Engineers and Software Developers
- Aspiring Project Leaders: Professionals planning to transition into a full-time project management career

What You Will Learn:

- Support the organization's transition toward its envisioned future state
- Define core project management concepts and align expectations
- Explain vision, stakeholder alignment, and effective communication
- Build skills for leading high-performing teams and managing conflict
- Establish project planning fundamentals (scope, resources, risk, finances)
- Integrate plans, schedules, and delivery approaches into a roadmap
- Execute projects, monitor progress, and manage change
- Navigate organizational context and drive continuous improvement
- Prepare for PMP® certification and exam success
- Prioritize organizational value and outcomes of benefits over project outputs
- Drive the creation of new products and services that address customer and end-user needs

Course Overview

Lesson 1: Introduction

This lesson introduces the PMP® journey and explores the role of the project professional as an agent of change across career, organization, and community contexts.

Topics:

- About your instructor
- About this course and the supplemental materials from IIL
- About the PMP® certification
- About the exam

Lesson 2: The Big Picture

This lesson provides context for the rest of the course. It answers fundamental questions like what a project is, what project management is, as well as foundational concepts like project life cycles and development approaches and project governance. Through reflection and discussion, it addresses common misconceptions, aligns expectations, and establishes an understanding of how strategy, value delivery, and project approaches connect to real-world impact.

Topics:

- PMP exam domains
- What is a project?
- Life cycles and development approaches
- Introduction to governance

Lesson 3: Stakeholders, Vision, and Communication

This lesson examines how successful projects are grounded in a clear vision and strong stakeholder alignment. Key PMP® concepts are introduced through practical examples and a realistic project scenario, highlighting the role of communication and stakeholder engagement in driving outcomes.

Topics:

- Engage stakeholders



- Develop a common vision
- Plan and manage communication
- Align and manage stakeholder expectations

Lesson 4: Team, Conflict, and Knowledge

This lesson develops capabilities related to leading and supporting high-performing teams. It addresses conflict management, collaboration, and knowledge-sharing practices through realistic scenarios and exam-style questions that reinforce decision-making skills.

Topics:

- Lead and structure the team
- Manage conflict
- Ensure knowledge transfer

Lesson 5: Core Planning: Scope, Value, Resources, Finance, Risk

This lesson establishes a foundation in project planning, including scope definition, value alignment, resource allocation, financial planning, and risk management. Emphasis is placed on the interconnected nature of planning decisions and their impact on project success.

Topics:

- Developing scope and value orientation
- Risk and compliance foundations
- Plan and manage finance
- Plan and manage resources

Lesson 6: Integrated Planning: Method, Plan, Schedule, Quality, and Procurement

This lesson integrates planning components into a cohesive and actionable roadmap. It covers the selection of delivery approaches, development of integrated plans, estimation of work, schedule development, and alignment of quality and procurement strategies to support value delivery.

Topics:

- Developing an integrated project management plan and plan delivery
- Planning and managing the schedule
- Planning and optimizing the quality of products and deliverables
- Planning and managing procurement

Lesson 7: Execution, Monitoring, Change, and Impediments

This lesson focuses on executing project plans, monitoring performance, and communicating progress. It also introduces structured approaches to change management and techniques for identifying and removing impediments to maintain project momentum.

Topics:

- Evaluate project status and manage artifacts
- Manage and control changes
- Remove impediments and manage issues

Lesson 8: Business Environment Dynamics, Continuous Improvement, and Closure

This lesson explores how projects operate within dynamic organizational and environmental contexts. It addresses environmental change, organizational transformation, continuous improvement practices, and effective project and phase closure to ensure sustained value.

Topics:

- Evaluate external business environment changes
- Support organizational change



- Continuous improvement
- Manage closures

Lesson 9: Next Steps

This lesson prepares learners to complete the PMP® certification process. It covers eligibility requirements, the application process, audit considerations, exam scheduling, and strategies to support exam readiness and success.

Topics:

- Checking eligibility
- Completing the application
- Paying for and scheduling the exam

End-of-Course Knowledge Check

Learners MUST go to “MyPMI” and complete the knowledge check (10 questions) at the end of the course.

- Required to earn IIL’s certificate of completion
- Unlimited attempts to pass with a score 80% or better
- Knowledge Check Certificates auto-issued in MyPMI
- Supports PMI certification audit verification

Exam Information

The PMP examination is comprised of:

- 180 questions. Of the 180 questions, 10 are considered unscored pretest questions.
- 240 minutes to complete the exam
- Two 10-minute breaks
The first break occurs after the case-study section, and the second break occurs approximately midway through the independent question portion of the exam. Please note, once you review your responses and start your break, you will not be able to return to the questions from the previous section of the exam.
- Questions will be a combination of Case or Scenario, Enhanced Matching, Graphic-Based Questions, Multiple-Choice Single Response, Multiple-Response Questions, Point and Click: Matching, Pull-down List.

To apply for the PMP exam, please visit www.pmi.org.

Maintaining Certification

- 60 professional development units (PDUs) in a three-year cycle
- Minimum of 35 Education PDUs
- Maximum of 25 Giving Back PDUs

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